

FEBRUARY/MARCH 2010 · HEARTANDSOUL.COM 75

Up Your Professional Game

Here are some great resources to get (or keep) your career on track.

- Elaine Meryl Brown, Marsha Haygood and Rhonda Joy McClean are mentors in your pocket in The Little Black Book of Success: Laws of Leadership for Black Women, which explores tidbits like "consider yourself a VIP," "know your value," "communicate like a leader" and "reach back and bring others along."
- Win at work-life balance in the midst of radical global and

technological change in Career GPS: Strategles for Women Navigating the New Corporate Landscape by Ella L.J. Edmonson Bell with Linda Villarosa.

- Don't give in to the office blues. Change your attitude with hundreds of great tips and tricks for organizing, connecting with colleagues and making positive changes in your workplace in Making Peace With Your Office Life by Cindy Glovinsky.
- The Go-Getter Girl's Guide

by Debra Shigley provides witty day-to-day tips on everything from office politics and negotiating raises to cultivating mentors and knowing when to quit.

• Lillian Lambert, the first black woman to earn a Harvard MBA, talks strategy in her autobiography, The Road to Someplace Better: From the Segregated South to Harvard Business School and Beyond. (Although Lambert ran a \$20 million business, she was once ushered to a kitchen after arriving for a meeting with powerful businesswomen in 1986.) ♥